

FSIC's Weekly Produce Report



| October 7, 2024 |

FSIC's weekly produce report provides highlights of what's going on in the produce markets so restaurants can make informed purchasing decisions.

▼ Prices are down this week ▲ Availability is down or prices are up this week ↔ Price and/or availability is stable or mixed.

Apples

↔ The market is mixed. WA supply of Red Delicious and Granny Smith is up. WA supply of Golden Delicious and Honeycrisp is steady. WA supply of Gala and Pink Lady/Cripps Pink is down. Moderate supply and demand.

Asparagus

▼ The market is down. Light supply. Moderate demand.

Avocado

▲ Market is up. Mexico supply of 40s, 48s, 60s, and 70s is up. Moderate supply and demand.

Bell Peppers

↔ **Green bell peppers:** Market is flat. Moderate supply and demand.

▲ **Red bell peppers:** Market is up. Moderate supply and demand.

Berries

↔ **Strawberries:** The market is mixed. Moderate supply. Light demand.

Broccoli

▲ The broccoli market is up. CA supply is up. Moderate supply and demand.

Carrots

▲ The market is up. Moderate supply and demand.

Cauliflower

▼ The cauliflower market is down. CA supply is down. Moderate supply. Light demand.

Celery

▲ The celery market is up. CA supply is up. Moderate supply and demand.

Cucumbers

↔ Market is mixed. Mexico supply through TX is down. Moderate supply and demand. Mexico supply through CA is up. Light supply. Moderate demand. GA and MI supply is steady. Moderate supply and demand.

Lemons

↔ Market is steady. Moderate supply and demand out of Southern and Central CA. Light supply and good demand out of Eastern CA-Western AZ.

Lettuce

▲ **Iceberg:** The Iceberg market is up. Moderate supply and demand.

▼ **Leaf:** The green leaf market is down. Moderate supply and demand.

▲ **Romaine:** Romaine supply is up. Moderate supply and demand.

Limes

▼ Market is down. Mexico's supply through TX of 200s and 250s is down. Light supply and demand.

Melons

↔ **Cantaloupe:** Market is mixed. San Juaquin, CA supply of 9 ct. is up. San Juaquin, CA supply of 12 ct. is steady. Moderate supply. Good demand.

↔ **Honeydew:** Market is steady. CA supply is steady. Moderate supply and demand.

Onions

↔ The jumbo yellow onion is steady. Moderate supply. Light demand.

Oranges

▲ Market is up. CA supply is up. Moderate supply and demand.

Potatoes

▼ **Russets:** Market is down. ID supply of 70 ct. and 90 ct. is down. Moderate supply. Good demand.

↔ **Reds:** Market is steady. MN and WI supply is steady. Moderate supply and demand.

↔ **Yellow:** Market is steady. MI supply is steady. Moderate supply and demand. WI supply is down. Moderate supply and demand.

Squash

↔ Market is steady. MI supply is steady. Moderate supply and demand.

Tomatoes

↔ **Rounds:** The market is steady. Moderate supply and demand.

▼ **Cherry:** The market is down. Light supply. Good demand.

▼ **Grape:** The market is down. Moderate supply. Light demand.

▼ **Romas:** The market is down. Moderate supply and demand.