

FSIC's Weekly Produce Report



| January 13, 2025 |

FSIC's weekly produce report provides highlights of what's going on in the produce markets so restaurants can make informed purchasing decisions.

▼ Prices are down this week ▲ Availability is down or prices are up this week ↔ Price and/or availability is stable or mixed.

Apples

↔ The market is steady. WA supply of Honeycrisp, Red Delicious, Fuji, Golden Delicious, Gala, Pink Lady/Cripps Pink and Granny Smith steady. Moderate supply and demand.

Asparagus

▼ The market is down. Good supply. Light demand. Light supply. Moderate demand. Lessening supplies.

Avocado

▲ Market is up. Mexico supply of 40s, 48s, 60s, and 70s is up. Light supply. Good demand.

Bell Peppers

▼ **Green bell peppers:** Market is down. Moderate supply and demand.

↔ **Red bell peppers:** Market is mixed. Mexico supply through TX is steady. Mexico supply through AZ is down. Moderate supply and demand.

Berries

↔ **Strawberries:** The market is mixed. Moderate supply and demand.

Broccoli

▼ The broccoli market is down. Good supply. Light demand.

Carrots

▲ The market is up. Moderate supply and demand.

Cauliflower

▼ The cauliflower market is down. Good supply. Light demand.

Celery

↔ The celery market is mixed. AZ supply is up. Oxnard, CA supply is steady. Moderate supply and demand.

Cucumbers

↔ Market is mixed. FL supply and Mexico supply through TX is steady. Mexico supply through Nogales, AZ is up. Central America through FL is up. Moderate supply and demand.

Lemons

▼ Market is down. Eastern CA-Western AZ is down. Moderate supply and demand.

Lettuce

↔ **Iceberg:** The Iceberg market is steady. Moderate supply and demand.

▼ **Leaf:** The green leaf market is down. AZ supply is down. Moderate supply and demand.

▼ **Romaine:** Romaine supply is down. AZ supply is down. Moderate supply and demand.

Limes

▲ Market is up. Mexico's supply through TX of 200s and 250s is up. Light supply. Moderate demand.

Melons

↔ **Cantaloupe:** Market is not reported due to low supply.

↔ **Honeydew:** Market is not reported due to low supply

Onions

↔ The jumbo yellow onion is steady. Moderate supply and demand.

Oranges

▼ Market is down. CA and AZ supply is down. Moderate supply and demand.

Potatoes

↔ **Russets:** Market is steady. ID supply of 70 ct. and 90 ct. is steady. Moderate supply and demand.

↔ **Reds:** Market is mixed. WI supply is up. ND and MN supply is down. Moderate supply and demand.

↔ **Yellow:** Market is steady. WI supply is steady. Moderate supply and demand.

Squash

▲ Market is up. Mexico supply through AZ is up. Moderate supply and demand.

Tomatoes

▼ **Rounds:** The market is down. Moderate supply and demand.

▼ **Cherry:** The market is down. Moderate supply and demand

▼ **Grape:** The market is down. Moderate supply and demand.

▼ **Romas:** The market is down. Moderate supply and demand.